

Newsletter Changes

PRI will be changing the monthly newsletter distribution to a quarterly newsletter beginning October 1, 2019.

We will not produce a newsletter for August or September. To eliminate any confusion, the new quarterly newsletter will be distributed in the months that follow:

October, January, April and July

Please remember that PRI is emailing the newsletter to every provider with a valid email, if you change your email address please let us know. Providers who currently submit scan menu's also receive a copy with their error report. The newsletters are also posted on the PRI Facebook page and PRI Website.

EEC StrongStart Required Essentials Training

Did you know that EEC has just released a 12 module training series through EEC's StrongStart On-Line Professional Development System?

The StrongStart Online PDS has a learning management system that houses mandatory and supplemental training for early education and care program staff and can record staff completion of professional development coursework. Included in the StrongStart Online PDS is a new "EEC Essentials" training comprised of 12 modules on topics that early education staff need to know about, such as health, safety, and child development.

Effective June 6, 2019 all staff in EEC child care programs must take the new EEC Essentials training course by September 30, 2019.

To learn more cut & paste website below to log in:
<https://www.mass.gov/guides/eecs-strongstart-online-professional-development-system>

Sun Tips



Lets face itthere are times when you might be in the sun, here are some tips to follow:

1. Water and sand make the sun's rays stronger due to the reflection that bounces off of them.
2. Clouds don't stop the sun's rays from being strong.
3. Infants should be kept out of the sun.
4. Sunscreen should be appropriate for young children. EEC regulation states that you must have written permission to use any topical cream such as sunscreen.
5. Make sure children have summer hats to protect their scalps.
6. Take breaks in the shade.

Help Kids Beat the Heat!



Children under four years old don't know enough to slow down and drink fluids on hot days. Children's sweat glands are not fully developed, so they are at a higher risk than adults for dehydration and heat stroke. On very hot days between the hours of 10 AM and 3 PM, when the sun's rays are the strongest:

1. Provide a well shaded area for outdoor play.
2. If there is no shaded area stay indoors and/or go out before or after the strong sun hours.
3. When children are outside, offer water every half hour to prevent dehydration. Don't worry how much they drink, the key is that they drink frequently.
4. Adding fresh fruit slices (orange, lemon, kiwi) is a nice way to ensure children will drink the water.



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