

What does Spring Bring?

As weather warms up around the country, we see a greater variety of fresh vegetables and fruits in our markets.



Vegetables and fruits provide nutrients that kids often do not eat enough of, including vitamin C, dietary fiber, potassium, and vitamin A.

- **Vitamin C** is important for growth and repair of all body tissues, it helps heal cuts and wounds, and keeps teeth and gums healthy.
- **Fiber** is important because it helps move food through the digestive system.
- **Potassium** keeps nerves and muscles working and helps the heart pump blood easily through the body.
- **Vitamin A** keeps eyes and skin healthy and helps protect against infections.

REMINDERS

Child Re-Enrollments

Annual Child Re-Enrollment Packets were mailed out last month. If you have not received your packet by now, please call the office immediately to avoid any delays.

Please remember they are due back to our office by April 12th. We greatly appreciate you making sure that we receive them by this date and not waiting to send them in with your April claims. Thank you so much for your understanding and cooperation as the process on our end takes additional time.

Infant Menus

Has it been a long time since you had an infant enrolled in your program?

Are you a little rusty and unsure of the "Infant Meal Pattern" changes?

Have you had some errors and deductions on your infant menus recently?

We would like to help you experience a perfect claim!

If you are unsure of infant meal requirements, amounts of food served or how to document the infant meals please do either of the following:

- Call the PRI office and ask for help, we are all more than glad to explain and walk you through the process.
- If your food review monitor is at your program for a food review visit, please let her know that you need some assistance in understanding how to claim infants. She will be more than glad to help you!

Infant Menu Requirements to Remember

- You must write down the amount of infant formula and food that you offer the infant (make sure it is within the amounts required).
- If you have two infants of the same age you must complete a separate menu for each infant even if they are eating the same food type. This is required by USDA.
- 100% juice is no longer creditable for the infant meal pattern.



Online Claiming at WWW.KIDKARE.COM is the easiest way to ensure that your claim is submitted on time, and paid as promptly as possible. Its easier than paper menus and ITS FREE!. Call us today to get started!