

June 2017 Newsletter



MEAL PATTERN CHANGES

Once again we want to address all the changes that will be effective October 1, 2017.

We will be posting webinars on our website, as well as hosting live group trainings. If you are interested in attending one of the live group trainings in the areas below, please contact Assistant Field Director Lissette Alejandro at 617-841-8006, leave a message with your name, site # and which area group training you would like to attend.

The Current Training Schedule:

- Springfield- Saturday, June 24, 2017
 English 9-12 Spanish 1-3
 41 Taylor St., Suite 203, Springfield MA (Parking Garage near building)
- Worcester- Saturday, June 24, 2017
 Spanish 9-12 Portuguese 1-3
 (Location to be announced when you register)
- Lawrence-Saturday, July 15, 2017
 English 9-12 Spanish 1-3
 360 Merrimack St., Entrance "G" 2nd fl
 Lawrence, MA (Free parking in River Walk lot)
 - Boston- Saturday, July 29, 2017
 English 9 -12 Spanish 1-3
 120 Mount Hope St, Roslindale, MA (Free parking behind the building)

You MUST call and register to make sure we have enough written material and space for you.



USDA New Meal Pattern Changes that can be made BEFORE October 1, 2017

Regular Menu (Ages 1-12 years):

- ❖ WATER –
- Must Be:
 - o Potable; safe to drink
 - Freely Available to children upon request throughout the day
 - Offered to young children using visual cues
- Should Be:
 - Offered at snack when fluid milk or Juice is not part of the rembursable meal

VEGETABLES/FRUITS –

- At lunch or dinner serve a fruit and a vegetable OR two vegetables
- Incorporate seasonal and locally produced foods into meals
- Add flavor to vegetables
- FRIED FOODS -
- Replace pre-fried foods with oven baked verions (Chicken nuggets, French Fries, etc.)

REMINDER

If your menus are not up-to-date when your Monitor visits, the regulations require that you must be disallowed for ALL the meals missing from documentation.



NOTE: Using the KidKare web program makes claiming for Infants much easier!

Call us today to find out how to switch to KidKare for FREE!